

Bic-F Capsule

(Vitamin-B complex, Iron, Vitamin-C & Folic acid)

Presentation :

Each capsule contains Thiamine mononitrate BP (vitamin-B1) 2.0 mg, Riboflavin BP (vitamin-B2) 2.0 mg, Pyridoxine hydrochloride BP (vitamin-B6) 1.0 mg, Nicotinamide BP (vitamin-B3) 10.0 mg, Dried Ferrous sulphate BP 150 mg, Ascorbic acid BP (vitamin-C) 50.0 mg, Folic acid BP (vitamin-B9) 0.5 mg.

Description :

Bic-F is a preparation of Vitamin-B complex, Iron, Vitamin-C & Folic acid.

Indications :

Bic-F is indicated for the treatment and prophylaxis of vitamin-B complex, iron, vitamin-C & folic acid deficiency, especially during pregnancy and lactation.

The therapeutic application of vitamins is to prevent or treat diseases like anaemia, neuropathy caused by vitamins deficiency.

Dosage and administration :

One capsule daily throughout pregnancy and lactation. In more severe cases, two capsules daily or as directed by the physician.

Contraindications :

Hypersensitivity to any of the ingredients of this product.

Precautions :

Large doses of ferrous sulphate may have irritant and corrosive effects on the gastro-intestinal mucosa and necrosis and perforation may occur. Symptoms, which may not be appeared for several hours include epigastric pain, diarrhoea, vomiting and haematemesis.

Side effects :

Therapeutic doses of iron may cause gastro-intestinal discomfort; diarrhoea and vomiting. Although iron is better absorbed between meals, taking with, or immediately after, food can reduce side effects. Continued administration may sometimes cause constipation.

Overdosage :

Accidental overdose of Iron containing products is a leading cause of fatal poisoning in children under 6 years. Avoid higher doses if you have liver disease or hemochromatosis; excess can cause bloody diarrhoea, vomiting, acidosis, darkened stools, abdominal pain. Symptoms may clear in a few hours. Thiamin, riboflavin, nicotinamide and folic acid are reported to be completely safe; In case of overdosing, these will be excreted from the body. Sensory neuropathy was observed in individuals consuming more than 200 mg Pyridoxine for very long periods. Ascorbic acid is safe in acute ingestion of a massive dose.

Drug interactions :

No such drug interactions have been reported.

Pharmaceutical precautions :

Store in a dry place below 25°C. Protect from light.

Commercial Pack :

Each box contains 5x10's capsule in blister pack.



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