

Blast

Bilastine Tablet

Presentation

Blast 10 Tablet: Each orally dispersible tablet contains Bilastine INN 10 mg

Blast 20 Tablet: Each tablet contains Bilastine INN 20 mg

Description

Bilastine is a non-sedating, long-acting H1 receptor selective antagonist. Its effects are mediated via selective inhibition of peripheral H1-receptors. It shows moderate to high affinity for histamine H1-receptors and no affinity for muscarinic, serotonergic, dopaminergic and noradrenergic receptors. Bilastine inhibits histamine induced flare skin reactions for 24 hours following single doses. Therefore, it shows very good efficacy and safety profile in treating allergic conditions.

Indications

Bilastine is indicated for the symptomatic relief of allergic rhinitis, rhino-conjunctivitis and urticaria (pruritus and hives). It is also used to relieve symptoms of hay fever (sneezing, itchy, runny blocked-nose and watery eyes)

Dosage and Administration

Pediatric Use: Children between 2 to 11 years: Bilastine 10 mg orally dispersible tablet once daily for the symptomatic relief of allergic rhinitis, allergic rhino-conjunctivitis and urticaria.

Adults & Adolescents (12 years of age and over): Bilastine 20 mg Tablet once daily for the symptomatic relief of allergic rhinitis, allergic rhinoconjunctivitis and urticaria. To achieve optimal exposure to Bilastine, once daily dose should be taken with water on an empty stomach.

Contraindications

Bilastine is contraindicated in patients with hypersensitivity to Bilastine or to any ingredient in the formulation or component.

Side Effects

The most common side effects of Bilastine include: headache, somnolence, dizziness and fatigue.

Precautions

Co-administration of Bilastine and P-glycoprotein inhibitors (e.g: Ketoconazole, Erythromycin, Cyclosporine, Ritonavir or Diltiazem) should be avoided in patients with moderate or severe renal impairment.

Overdose

No serious adverse events have been reported in case of over dosage. However, in the event of overdosage, symptomatic and supportive treatment have been reported.

Drug Interactions

Concomitant intake of Bilastine and Ketoconazole, Erythromycin or Diltiazem increased C_{max} of Bilastine. The psychomotor performance after concomitant intake of alcohol and Bilastine was similar to that observed after the intake of alcohol and placebo. Concomitant intake of Bilastine and Lorazepam 3 mg for 8 days did not potentiate the depressant CNS effects of Lorazepam.

Use in Pregnancy & Lactation

There are no adequate and well-controlled studies in pregnant women. Until such data becomes available, Bilastine should be avoided during pregnancy, unless advised otherwise by a physician. Geriatrics (>65 years of age): No dosage adjustments are necessary in patients over 65 years. Pediatrics (<2 years of age): The safety and efficacy of Bilastine in children under 2 years of age have not been established.

Storage

Store below 30°C and dry place, away from light. Keep out of the reach of children.

Packing

Blast 10 Tablet: Each box contains 3 blister packs with each blister of 10 tablets.

Blast 20 Tablet: Each box contains 3 blister packs with each blister of 10 tablets.

Manufactured by:

 **GENERAL**
Pharmaceuticals Ltd.

Mouchak, Kaliakair, Gazipur, Bangladesh

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