

CofnilTM Plus

Guaifenesin +
Dextromethorphan Hydrobromide +
Menthol

Composition

CofnilTM Plus Syrup: Each 5 ml syrup contains Guaifenesin BP 200 mg, Dextromethorphan Hydrobromide BP 15 mg and Menthol USP 15 mg

Pharmacology

Guaifenesin is an expectorant. It helps loosen congestion in the chest and throat, making it easier to cough out through the mouth. Dextromethorphan Hydrobromide is a cough suppressant. It affects the signals in the brain that trigger cough reflex. Menthol is an organic compound made synthetically or obtained from corn mint, peppermint or other mint oils. It has local anesthetic and counter irritant qualities and it is widely used to relieve throat irritation.

Indications

CofnilTM Plus is indicated for chest congestion, cough & sore throat.

Dosage & Administration

Adult use only (12 years and over) 2 tea spoonful syrup (10 ml) every 6 hours. Maximum 8 tea spoonful syrup (40 ml)/day. Do not use for children less than 12 years of age.

Side Effects

Common side effects are dizziness, drowsiness, gastrointestinal disturbance, feeling nervous, restless, anxious or irritable.

Contraindications

If you are now taking a monoamine oxidase inhibitor (MAOI) or for two weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI ask a doctor or pharmacist before taking this product.

Precautions

Talk to a doctor or pharmacist before using this product if you have asthma, chronic lung disease/ shortness of breath, persistent/ chronic cough or taking a drug for depression, including monoamine oxidase (MAO) inhibitor drugs.

Use in Pregnancy & Lactation

Dextromethorphan Hydrobromide and Guaifenesin have been assigned to pregnancy category C by the FDA. There are no controlled data on this combination product in human pregnancy. Dextromethorphan Hydrobromide and Guaifenesin is only recommended for use during pregnancy when benefit outweighs risk. There are no data on the excretion of Dextromethorphan Hydrobromide and Guaifenesin into human milk. In nursing mothers, a decision should be made to discontinue. There are no human studies on the use of Menthol during pregnancy, thus, its risk is undetermined.

Drug Interactions

Possible reactions systemically may occur with acetaminophen / hydrocodone, diphenhydramine, escitalopram, acetaminophen / codeine, alprazolam & ondansetron.

Overdose

Overdose with Guaifenesin is unlikely to produce toxic effect since its toxicity is low. In severe cases of overdose, treatment should be aimed at reducing further absorption of the drug. Gastric emptying is recommended as soon as possible after ingestion. Overdose with Dextromethorphan Hydrobromide may produce excitement and mental confusion. Very high doses may produce respiratory depression. One case of toxic psychosis after ingestion of a single 300 mg dose of Dextromethorphan Hydrobromide has been reported. Menthol can be harmful in large amounts. Symptoms may include abdominal pain, diarrhea, nausea and vomiting, dizziness, rapid breathing etc.

Storage

Store in a cool (below 30°C) and dry place, away from light. Keep out of the reach of children.

Packing

CofnilTM Plus Syrup: Each bottle contains 100 ml syrup with a measuring cup.

Manufactured by:

 **GENERAL**
Pharmaceuticals Ltd.

Mouchak, Kaliakair, Gazipur, Bangladesh

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